

PRAISE FOR BABY 411

“My go-to reference!”

—**Chelsea Clinton**

“Real info I needed without freaking me out!”

—**Melissa McCarthy**

“If you’re looking for a concise, real-world, no-guilt resource, I’d call *Baby 411* for help.”

—**Chicago Parent Magazine**

“Healthcare providers talk endlessly about providing information that empowers parents to make the best decisions for their children. But the truth is few have the skills to do it. Ari Brown is one of a rare breed who has that gift.”

—**Paul Offit, MD, FAAP**

“Without a doubt, *Baby 411* is definitely among the best books ever written for parents and caregivers regarding the appropriate and very logical approach to infant and child care. It is cleverly written, easy to understand, well organized, and often extremely humorous. Parents, grandparents, and anyone responsible for the rearing and day-to-day care of children should have this book available as a ready resource. I do!”

—**Jan Drutz, MD, professor of pediatrics, Baylor College of Medicine**

“I love *Baby 411*! It continues to be a godsend to me on a regular basis. Thank you for writing an easy-to-read and interpret book that answers basic and not-so-basic questions regarding babies.”

—**A. Vandervine, mom**

“Practical, well-researched, and fun to read! *Baby 411* celebrates the art and science of parenting!”

—**Lewis First, MD, professor and chair, University of Vermont
Department of Pediatrics**

“Having *Baby 411* is like having your own personal pediatrician available twenty-four hours a day. The book is witty, fundamentally sound, and compassionate.”

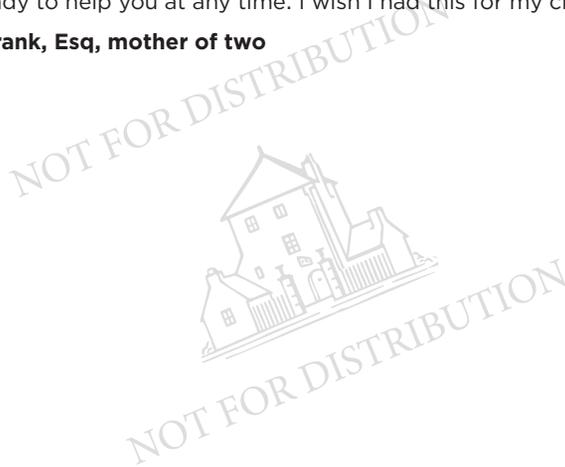
**—Thomas Hughes, MD, FAAP, pediatrician in practice
for thirty years**

“I have found that parents want guidelines based in science and common-sense advice based in modern experience. It needs to be readily accessible for quick decisions. Parents will find it all here in *Baby 411*. And it is presented in a way that will make them smile and feel like someone knows how they are feeling.”

**—Arlinda Michael, RN, BSN, CIMI, IBCLC, childbirth educator
and certified lactation consultant**

“No parent, new or experienced, should be without *Baby 411*. It answers all of your questions and provides excellent tips for caring for your baby with a direct, easy-to-use and read, no-nonsense approach that you will not find anywhere else. Dr. Brown has a unique ability to translate medical jargon into everyday conversational language. You will feel like your own best friend and personal pediatrician is sitting in your kitchen ready to help you at any time. I wish I had this for my child’s first year.”

—Corinne Frank, Esq, mother of two



— 11th Edition —

BABY 411

Your Baby,
From Birth to Age 1

Ari Brown, MD



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NEW YORK

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ABOUT THE AUTHOR

ARI BROWN, MD, FAAP, is a pediatrician with thirty years of experience in primary care, working with children and families. She is the founder of 411 Pediatrics in Austin, Texas.

Dr. Brown graduated magna cum laude from the University of Texas at Austin with a bachelor's degree in child development. She received her medical degree from Baylor College of Medicine and completed her pediatric residency and fellowship training in developmental/behavioral pediatrics at Harvard Medical School, Boston Children's Hospital.

Her passion to advocate for children and educate families extends beyond the office setting. Her superpower is her unique ability to translate science-based child health information and keep it real!

She is a trusted voice for children's health, serving as a spokeswoman for the American Academy of Pediatrics (AAP) for over twenty years. Over the span of her career, she has appeared on countless national news outlets, including NBC's *Today* Show and *The New York Times*, and has authored articles published in *The Wall Street Journal*, *Newsweek*, and *Parents* magazine.

Dr. Brown has received the American Academy of Pediatrics Lifetime Achievement Award for child health advocacy and was voted Austin's favorite pediatrician several times by *Austin Family* magazine.

She is the author of the bestselling parent education books, *Baby 411*, *Expecting 411*, and *Toddler 411*. She also teaches online classes on newborn care and infant sleep. Since the first edition of *Baby 411* was published twenty years ago, over a million families have relied on these books for a trusted reassuring voice in the middle of the night, straight talk, and facts to guide them. After freshly updating all three titles, Dr. Brown is ready to take a much-needed vacation!

Of all her accomplishments, the greatest one is being a mom. She has proudly raised two children who are now very grown-up.

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www.draribrown.com

Check Dr. Brown's website to make sure you have the most current version.

Dr. Brown is available for select speaking engagements. To inquire about a possible appearance, please contact Penguin Random House Speakers Bureau at speakers@penguinrandomhouse.com or visit www.prhspeakers.com.